



MGM Institute of Physiotherapy
Chhatrapati Sambhaji Nagar | Affiliated to MUHS

Dr. Payal Dhawale MPT

1. Basic Information

- Designation: Associate Professor
- Department: Sports Physiotherapy
- Institutional Email ID: payaldhawale@mgniop.edu.in
- Official Contact Number: +91-7276155645

2. Educational Qualifications

Degree	Institution	University	Year of Completion	Specialization
PhD Scholar	Ravi Nair Physiotherapy College, Wardha	Datta Meghe Institute of Medical Health Science, Wardha.	Ongoing	-
MPT	MGM School of Physiotherapy, Chh. Sambhajinagar	MGM University of Health Science, (MGMUHS) Navi Mumbai	2019	Sports
BPT	MGM Institute of Physiotherapy, Chh. Sambhajinagar	Maharashtra University of Health Science, (M.U.H.S.) Nashik	2017	-

3. Academic/Teaching Experience

- Total Teaching Experience (in years): 05 years
- UG Teaching: 05 Years
- PG Teaching: 04 Months

4. Areas of Interest / Expertise

- Clinical and Research Interests: Sports Injury Prevention and Rehabilitation, Early Sports Specialization, Badminton, Adolescent Athlete Health.
- Subjects Taught: Musculoskeletal Physiotherapy, Functional Diagnosis and Physiotherapeutic Skills, Kinesiology, Kinesiotherapy.



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5. Research and Publications

- Total No. of Research Papers Published in Indexed Journals (Scopus/Web of Science only): 01
- Books / Book Chapters Published: 0
- Ongoing Research Projects (UG and PG): 05
- Citations: 00
- h-index: 00

6. Awards and Recognitions

- Young Professional Award – VDGGOOD Professional association (2023)

7. Professional Memberships

8. Administrative and Academic Responsibilities

Responsibility	Role (Member / Chairperson)	Duration
College Council Committee	Member	April 2025 – Present
Curriculum Committee	Member	April 2025 – Present
Time Table Committee	Member Secretary	April 2025 – Present
IQAC	Member	April 2025 – Present
Institutional Research Committee	Member	April 2025 – Present
Research Advisory Committee	Member	April 2025 – Present
Board of Research Studies (BORS) Committee	Sports Physiotherapy Subject Expert	April 2025 – Present
Grievances Redressal Committee	Member	April 2025 – Present
Alumini Committee	Member	April 2025 – Present



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Responsibility	Role (Member / Chairperson)	Duration
Career Counselling, Guidance and Placement Cell	Member Secretary	April 2025 – Present
Student Welfare Committee	Member Secretary	April 2025 – Present
College Student Council	Member Secretary	April 2025 – Present
OBC Cell	Member	April 2025 – Present
NABH Committee	Member	April 2025 – Present

9. Professional Profile Links

- ORCID: <https://orcid.org/0000-0001-6531-7322>